



The **BD Blue Bells Public School Bulletin**
Abhivyakti
Of the Students, By the Students, For the Students

Issue-1 August
September 2025

Nasha Mukti Bharat Pakhwada: Substance Abuse Awareness Workshop for Class XI

The School is dedicated to developing not only intellectual brilliance but also a sense of responsible citizenship. A thoughtful Substance Abuse Awareness Workshop for Class XI students was organized under Nasha Mukti Bharat Pakhwada, providing a strong platform for discussion, contemplation, and empowerment on September 01, 2025. The session was conducted under the mentorship of Dr. Alka Saxena, Associate Director (Social & Emotional Learning), Blue Bells Group Of Schools. The students were informed about the signs and symptoms of Substance Abuse. The session was designed to raise awareness regarding the ill effects of substance use and enhance students' skills to make sound, healthy choices. They were apprised of various types of substances, depressants, stimulants, hallucinogens, narcotics, and inhalants, and the ways they affect physical, emotional, and social health. Red eyes, changes in mood, secrecy, and personality changes were all explained in detail as signs. Interactive exercises such as the Stress Coping Wheel and Match the Sign card game were an engaging and effective learning experience. The reflective part motivated the students to identify positive coping mechanisms, including exercise, music, journal writing, and mindfulness. Many students also gave positive feedback, appreciating the interactive format and sharing that the session made them reflect deeply on peer pressure and self-care. Ongoing monthly sessions will continue to be conducted on various topics to further raise awareness and promote informed, healthy choices among students.



Laurels At MIE-Me

With hearts brimming with pride and joy, we are delighted to share the shining achievements of our young learners at MI-me, a Festival of Multiple Intelligences, an Inter-school competition hosted by Suncity School, Sector 54. Our Pre-Primary Wing students displayed creativity, confidence, and zest, making the school proud with their remarkable performances.

- Festive Fun Run - Ira (Grade II) clinched the Second Position with her agility and enthusiasm in the obstacle race.
- Stamp-A-Palooza - Karun Yadav (Nursery) secured a Consolation Prize for his vibrant and imaginative stamp painting.

Congratulations to our achievers and their mentor for this wonderful accomplishment!



Learning Enhanced By Expressions India

Expressions India organized the 3rd & Final Workshop and Valedictory Ceremony of "MindSmart 2025 - The Life Skills & Wellbeing Leadership Course for Adolescent Peer Educators" on 29 August 2025 at National Bal Bhavan, New Delhi. The programme marked the culmination of a year-long initiative aimed at nurturing life skills, leadership, emotional resilience, and well-being among adolescents.

The school participated in the programme under the mentorship of their visionary leader, Dr. Alka Saxena, Associate Director (Social & Emotional Learning), BBGS. Peer educators representing the school were Aarav Gauthwal (XI C), Avneet Mishra (X B), and Dilisha Madaan (IX C).



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Voices Of Tomorrow, Visions Of Unity: BDBBPS MUN 2025

The school proudly unveiled the 3rd Edition of its International Model United Nations Conference on August 23-24, 2025, a transformative celebration of youth, ideas, and global citizenship. With the theme “Diverse Voices, Shared Vision: Defining 21st Century Diplomacy,” the conference became a living laboratory of dialogue and cooperation, drawing together more than 500 delegates from across India and beyond. It was a simulation of the United Nations, a powerful reminder of how the young can dream, deliberate, and define the future of our shared humanity.

The Opening Ceremony on August 23, 2025, was a symphony of culture, pride, and purpose. After a soulful cultural presentation, Ms. Roopali Kudesia, Officiating Principal of the school, extended a heartfelt welcome to the distinguished dignitaries, delegates, and faculty, emphasizing the school’s relentless commitment to nurturing global dialogue and promoting student voices as instruments of peace. The keynote address by Dr. Cornelia Weiner, Deputy Director-School Operations, Blue Bells Group of Schools, our esteemed Chief Guest for the Opening Ceremony, set the tone for the days ahead. With eloquence and conviction, Dr. Cornelia championed empathy, inclusivity, and visionary leadership as the foundations of diplomacy in the 21st century, affirming the pivotal role of MUNs in shaping compassionate and responsible world leaders.

Over two intellectually charged days, delegates immersed themselves in rigorous deliberations across diverse committees, including UNHRC, AIPPM, UNW, UNGA, UNEP, UNSC, IPC, ECOSOC, MOM, G20, and IC. The agendas tackled some of the most urgent issues of our times: bridging the gender pay gap, dismantling the pink tax, addressing the global digital divide, ensuring equitable access to technology, and harnessing climate innovation for a Net Zero future. Creativity and inclusion were further celebrated through the Ministry of Magic Committee, which examined themes of justice, equity, and reconciliation in a post-war world, while the International Press Corps captured the spirit of the conference through thoughtful reportage, interviews, and newsletters. Guided by an experienced and dynamic Executive Board, delegates collaborated, negotiated, and drafted resolutions embodying the essence of diplomacy and the power of collective action.

The Closing Ceremony on August 24, 2025, marked a moment of pride and celebration as outstanding delegates were honoured for their brilliance, dedication, and spirit of collaboration. Gracing the occasion as Chief Guest, Col. Samir Kumar Kaushik, Commanding Officer, 5 Haryana NCC Battalion, Gurugram, inspired the gathering with his powerful message on discipline, teamwork, and service to society, reminding young leaders that true diplomacy flourishes in respect, humility, and understanding. Adding to the glory of the occasion, the presence of Dr. Ankita Menon, Mrs. World International 2025, as Special Guest, infused the atmosphere with inspiration. With warmth and wisdom, she urged delegates to walk the path of confidence, compassion, and courage; qualities that transform individuals into global changemakers.

The 3rd Edition of BDBBPS MUN concluded not simply as a vibrant confluence of ideas, cultures, and aspirations. It left every participant with richer perspectives, lasting friendships, and a renewed determination to champion dialogue over division and peace over conflict. Through its meticulous planning, inclusivity, and spirit of excellence, BDBBPS MUN 2025 stood tall as a beacon of hope and an enduring legacy of empowering young diplomats to reimagine and rebuild a more just, united, and



JLR Cyberattack Exposes Supply Chain Vulnerabilities, Spurs UK Support Measures



Britain is considering support for Jaguar Land Rover's (JLR) suppliers after a \$2.44 billion cyberattack halted production and disrupted supply chains. The Tata Motors-owned carmaker, with three UK factories, faced losses of £50 million per week. The attack, reportedly by teen hackers "Scattered Lapsus\$ Hunters", exposed vulnerabilities in JLR's digital systems, which are now being gradually restored. Officials are exploring component procurement and government-backed loans to support suppliers. With the Global Parts Logistics Centre resuming operations, JLR aims to restore cash flow and retailer services. The incident highlights the importance of cybersecurity, operational resilience, and industry-government collaboration in today's digitized economy.

Nvidia-OpenAI deal sparks concerns over circular financing in AI boom



Reviving concerns about an AI bubble and "circular financing," Nvidia plans to invest up to \$100 billion in OpenAI to finance data centres using its chips. Analysts caution that by investing in companies that depend on its hardware, Nvidia might be boosting demand for its own GPUs.

Although OpenAI claims it would lease rather than purchase processors, critics contend it still demonstrates bubble-like behaviour. The transaction eclipses Nvidia's previous AI bets, which included over 50 firms in 2024. Insiders liken the AI craze to the dot-com crisis, pointing out that when the cycle reverses, growth may swiftly reverse.

Cabinet Approves Rs 69,725 Crore Package To Transform India's Shipbuilding, Maritime Sector



The Union Cabinet, led by Prime Minister Narendra Modi, approved a Rs 69,725 crore package to revamp India's shipbuilding and maritime sector. The 10-year plan strengthens local capacity, boosts skilling, promotes shipyard growth, improves funding, and extends the Shipbuilding Financial Assistance Scheme (SBFAS) till 2036 with Rs 24,736 crore. The package includes a National Shipbuilding Mission, a Maritime Development Fund of Rs 25,000 crore,

and a Shipbreaking Credit Note of Rs 4,001 crore. The Shipbuilding Development Scheme (SbDS) with Rs 19,989 crore will establish the India Ship Technology Centre, support mega clusters, and increase capacity to 4.5 million gross tonnes. The project is expected to create 30 lakh jobs, attract Rs 4.5 lakh crore in investment, and enhance India's security, resilience, and global competitiveness in maritime trade.

Defence Ministry Orders 97 Tejas Mk1A Jets from HAL in ₹62,370 Crore Deal



The Defence Ministry has signed a ₹62,370 crore contract with HAL for 97 Tejas Mk1A jets for the Indian Air Force, with deliveries from 2027-28 over six years. Featuring 64% indigenous content and systems like UTTAM AESA Radar and Swayam Raksha Kavach, the jets strengthen India's Aatmanirbharta in defence. The project involves 105 Indian companies, creating 11,750 jobs annually and boosting the aerospace ecosystem. It will replace the ageing MiG-21 fleet, enhance IAF capabilities post-Operation Sindoor, and support HAL's growth.

Girls' Teams Shine at CBSE Cluster Volleyball Tournament

The Under-14 and Under-19 Girls' Volleyball Teams of the school, Gurugram, showcased remarkable skill and spirit at the CBSE Clusters, held from August 1-3, 2025, at Tagore Public School, Rewari. Both teams secured Second Position in their respective finals after hard-fought matches against strong opponents – Colonel's Central Academy and Vidya Devi Jindal School. Their achievements reflect the school's commitment to excellence in sports, teamwork, and resilience.



CyberSpaze 2025: Technology for Good, Learning for Life

CyberSpaze 2025, the four-day intra-school IT fest of the school, held from July 25 to 29, empowered students from Classes III-XII to explore 'Technology for Good' through engaging competitions and interactive learning. The event was inaugurated by Ms. Anshuka Aneja, Associate Director - IT, and concluded with impactful addresses by ACP Priyanshu Dewan and Cyber Safety Officer Raj Yadav, who spoke on digital responsibility and cyber safety. The fest successfully blended innovation with awareness, leaving students inspired and future-ready.



NCC Cadets Honoured

During the morning assembly the school's NCC cadets received certificates for their participation in the Annual NCC Camp at Maitree International School (2-11 June 2025). The awards were presented by Subedar Sajjan Kumar and NB Subedar Satendar Singh, in the presence of the Leadership Team and ANO Saraswati Ojha. The occasion celebrated discipline, leadership, and service to the nation.



Celebrating Teacher's Day 2025

The school, celebrated Teacher's Day on 5th September 2025 with warmth and gratitude. Organised by Class XII, the event featured a Lamp Lighting ceremony, heartfelt speeches by the Head Boy and Head Girl, cultural performances including Classical, Contemporary, and Bhangra dances, games, and a musical presentation. The celebration, attended by the Leadership Team, reflected students' deep respect and appreciation for their teachers, making the day truly memorable.



BBGS Stands United Against Drug Abuse

As part of Nasha Mukta Bharat Pakhwada (July 1-15, 2025), Blue Bells Group of Schools conducted a powerful awareness drive under the guidance of Dr. Alka Saxena. Students and staff took pledges, participated in poster-making, and engaged in discussions highlighting the dangers of substance abuse, peer pressure, and mental health. The initiative empowered the school community to make informed, responsible choices and champion a drug-free future.



Celebrating 79th Independence Day

The school marked the 79th Independence Day with patriotic fervour. The celebrations included flag hoisting, national anthem, NCC drill, songs, yoga, aerobics, dance performances, and a march past. Pre-primary students dressed as freedom fighters added charm to the event. Chief Guest Mr. Achal Jain inspired students to honour the sacrifices of freedom fighters and contribute to nation-building.



Cyber Hygiene Corner

Once you get the hang of cyber hygiene, it becomes part of your regular personal cybersecurity routine.

Using the right tools:

These include:

- **A network firewall** – this prevents unauthorized users from accessing your websites, mail servers, and other sources of information that can be accessed from the internet.
- **Data-wiping software** – whenever you introduce new software, add on hardware, or modify system files, there is a risk of losing personal data. Using data-wiping software enables you to clear out data you don't need and wipe it clean from the hard drive.
- **A Password Manager** – using strong, complex passwords which you change regularly is an important aspect of internet hygiene. Using a password manager can help you to keep track of multiple passwords.
- **High-quality antivirus software** – which schedules and performs automatic device scans, detects and removes malicious software, and protects you from a range of online threats and security breaches.



CHOCOLATE PEANUT BUTTER ROLE

Ingredients

- 1.Chocolate syrup
- 2.Cocoa powder
- 3.Peanut Butter
- 4.Banana Slices

Recipe

Step 1

In a bowl, mix cocoa powder, peanut butter, and chocolate sauce until it's well combined.

Step 2

Lay a paratha flat on the board and spread a generous amount of the chocolate and peanut butter mixture evenly across the paratha.

Step 3

Place a few slices of banana on top of the spread.

Step 4

Roll the paratha tightly and repeat this process for the remaining parathas, dividing the spread and banana slices evenly among them.

Step 5

You can cut the rolls into smaller pieces to make them easier for little hands to manage. And that's it Your chocolate peanut butter roll is ready to be served!!



Test Your Knowledge: GK Corner

- 1.What is the largest lake in the world?
A) Caspian Sea
B) Baikal
C) Lake Superior
D) Ontario
2. Which planet in the solar system is known as the "Red Planet"?
A) Venus
B) Earth
C) Mars
D) Jupiter
3. Who wrote the novel "War and Peace"?
A) Anton Chekhov
B) Fyodor Dostoevsky
C) Leo Tolstoy
D) Ivan Turgenev
4. What gas is used to extinguish fires?
A) Oxygen
B) Nitrogen
C) Carbon dioxide
D) Hydrogen
5. What animal is the national symbol of Australia?
A) Kangaroo
B) Koala
C) Emu
D) Crocodile
6. Which of the following planets is not a gas giant?
A) Mars
B) Jupiter
C) Saturn
D) Uranus

Answers

- 1.(B)
- 2.(C)
- 3.(C)
- 4.(B)
- 5.(A)
- 6.(A)

From the Desk of Primary Wing Leader

Dear Students

It gives me great joy to pen down my thoughts for this edition of Abhivyakti. A school newspaper is not merely a collection of articles and updates—it is a mirror of your creativity, your ideas, and the collective spirit you all bring to our school. Each page reflects the vibrant energy that defines that inspires us all to look ahead with hope and confidence.

One of the greatest strengths of Blue Bellians is the ability to think innovatively. Innovation does not always mean inventing something entirely new; often, it means finding a fresh perspective, solving a problem in a unique way, or daring to question the ordinary. I encourage each of you to nurture this habit of thinking differently, for it is innovation that shapes leaders, dreamers and changemakers.

Alongside innovation comes the importance of staying inspired for achievements. Achievements are not confined to medals, certificates, or recognition; they are also found in everyday victories—learning a new skill, overcoming a fear, helping a peer or persevering through challenges. True achievement lies in the consistency of effort and the courage to never give up. Remember, every step you take with sincerity and determination brings you closer to your goals.

As you read this edition of Abhivyakti, let it serve as a reminder that the power to innovate and to achieve rests within you. Nurture your curiosity, let creativity take flight and stay determined in the quest for excellence.

As you continue on your journey, may these words empower you:

Let inspiration awaken your spirit, Let imagination lift you to new horizons, Let perseverance guide each step you take, And may your journey bloom into lasting success.

With Warm Regards

Meenakshi Malhotra

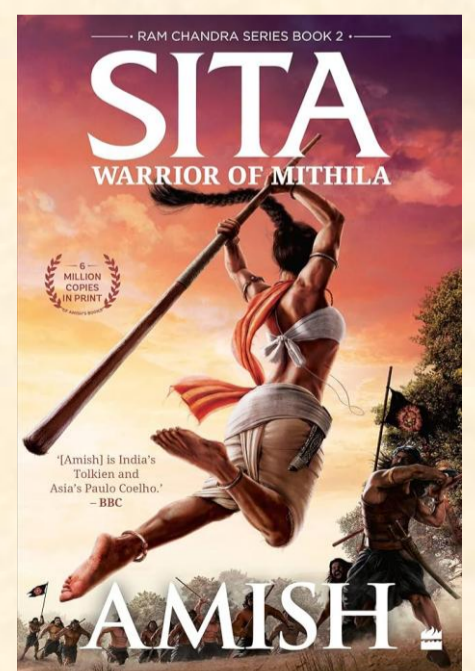
Wing Leader (Primary)



Sita: Warrior of Mithila By-Dishita Sharma, X-C

Amish Tripathi's "Sita: Warrior of Mithila" is a bold and captivating retelling of the Ramayana, presenting Sita not as a quiet, submissive figure, but as a fearless warrior, brilliant strategist, and visionary leader. This empowering portrayal redefines how we view one of Indian mythology's most revered women.

The narrative follows Sita's remarkable journey — from being adopted by King Janak and Queen Sunaina of Mithila, to rising as the sharp-minded prime minister of the kingdom. Trained in martial arts, political strategy, and ancient wisdom, Sita grows into a symbol of strength and intellect. Her meeting with Ram, the disciplined Prince of Ayodhya, leads to a union based on mutual respect and shared ideals. Her real test, however, comes when she is kidnapped by the powerful Raavan — yet she remains unshaken in spirit. Amish's writing is vivid and engaging, blending mythology with modern values and timeless philosophy. The novel encourages readers to question stereotypes and appreciate the true strength.



New word – Kowtow

Meaning - To show excessive deference.

And a youth said, Speak to us of Friendship.

And he answered, saying:

Your friend is your needs answered.

He is your field which you sow with love and reap with thanksgiving.

And he is your board and your fireside.

For you come to him with your hunger, and you seek him for peace.

When your friend speaks his mind you fear not the “nay” in your own mind, nor do you withhold the “ay.”

And when he is silent your heart ceases not to listen to his heart;

For without words, in friendship, all thoughts, all desires, all expectations are born and shared, with joy that is unacclaimed.

When you part from your friend, you grieve not;

For that which you love most in him may be clearer in his absence, as the mountain to the climber is clearer from the plain.

And let there be no purpose in friendship save the deepening of the spirit.

For love that seeks aught but the disclosure of its own mystery is not love but a net cast forth: and only the unprofitable is caught.

I SPY PUZZLE

FRIENDSHIP

P	L	E	A	S	A	N	T	H	E	S	G	R	A
T	N	E	I	T	A	P	U	O	C	I	N	C	S
S	L	A	U	T	U	M	Y	A	Y	N	I	A	O
U	A	S	T	A	O	H	B	R	M	C	T	R	R
O	B	U	N	R	T	M	H	E	C	E	S	I	R
I	N	N	O	A	S	S	R	O	N	R	A	N	O
D	A	U	P	Y	I	U	N	T	N	E	L	G	W
U	S	M	N	F	M	S	E	I	G	I	F	S	E
T	Y	Y	L	O	T	S	I	U	A	O	U	I	T
S	M	E	U	A	Y	T	L	A	Y	O	L	I	T
L	S	R	N	E	C	N	A	R	A	E	P	P	A
N	E	C	N	A	T	N	I	A	U	Q	C	A	S
U	Y	U	C	E	C	N	E	U	L	F	N	I	O
S	U	S	P	I	C	I	O	U	S	S	T	N	F

- BENEFIT
- HUMOROUS
- APPEARANCE
- ACQUAINTANCE
- CONSTANCY
- SUSPICIOUS
- LOYALTY
- SYMPATHY
- SELFISH
- PATIENT
- SORROW
- STUDIOUS
- RUMOUR
- SINCERE
- INFLUENCE
- PLEASANT
- LASTING
- CARING
- MUTUAL

Some friends

bring a special kind of magic into our lives—not through grand gestures, but simply by being present. Their presence is comfort, their laughter feels like home, and their support makes even the toughest days lighter. True friends don't just add to your life; they illuminate it in ways words can't capture.



Idioms

“Bite off more than you can chew” Meaning: To try to do more than you can manage. Example: “By agreeing to do two big projects at once, I bit off more than I could chew.”

“Beat around the bush” Meaning: To avoid talking about what’s important. Example: “Please stop beating around the bush and tell me what happened.”

“Cry over spilled milk” Meaning: To be upset about something that has already happened and can’t be changed. Example: “Don’t cry over spilled milk; let’s focus on fixing the problem.”

“Get your act together” Meaning: To organise yourself and improve your behaviour. Example: “You need to get your act together if you want to pass this class.”

“Kill two birds with one stone” Meaning: To solve two problems with one action. Example: “By walking to work, I kill two birds with one stone: I save money and get exercise.”

Friendship is one of life's most beautiful treasures. Unlike wealth or success, which often fade with time, true friendships only grow stronger as they are nurtured. They are the bonds that light up our darkest days, the laughter that makes ordinary moments extraordinary, and the silent strength that reminds us we are never alone.

A precious friendship is not measured by the number of years spent together, but by the depth of trust and understanding it carries. It is in the small acts of kindness—sharing a secret, standing up for each other, or simply being present without needing words. Real friends see beyond our flaws and celebrate our strengths, helping us become the best versions of ourselves.

In a world that is always rushing forward, friendships slow us down and remind us of what truly matters: love, loyalty, and connection. They are our chosen family, teaching us lessons of patience, forgiveness, and joy. Every moment spent with a friend becomes a memory stitched into the fabric of our lives, one we can hold on to forever.

As students, the friendships we build today are especially precious, because they often shape who we are and who we aspire to be. These bonds become our anchors during exams, competitions, and challenges, and our wings when we celebrate achievements.

Friendship, indeed, is not just a relationship—it is a gift, a rare jewel that shines brighter with time and care. Let us cherish it, protect it, and celebrate it, for in the end, it is these connections that make our journey through life meaningful.

Friends can make us chirpy when we are low and down. A true friend will do anything to make your sour face brighten up with cheer and smiles. A friend is one who will be your side when all others will part ways with you. Likewise, you will go out of your way to make your friend happy when trying times befall her or him.

When friendship is true there is no need to showcase it or parade it. True friendship is shared at heart and it is reflected even in small ways, in word and deed. With a true friend the bonding and friendship grows from strength to strength. Even skirmishes and tiffs that may crop up between friends do not jeopardize their friendship if they are true friends who love each other deeply.

Your real friend is one who may not praise you to your face, but will praise you at heart and thank God for the love and friendship she or he shares with you. Friendship between you and your true friend should be cherished and treasured. It is strong enough to last a lifetime.

A true friend is one who loves you and appreciates you as you are. There are neither any demands made of you nor any compulsions on you from your true friend. When friendship is all about love, it is a special place in your heart that you reserve for your friend, just as your friend keeps a special place for you in her/his heart.

In a true friendship there is an unsaid mutuality and reciprocity. A friend is one you can be sure of. You have the assurance of a friend's love and care at all times. And you in turn will always do anything to keep your friendship going strong.



COLOURING PAGE



Shubman Gill Appointed India's New ODI Captain

Shubman Gill without a doubt is the rising face of Indian cricket team, and has taken another massive step in his career as he got named the captain for the ODI format. The journey of the 26-year-old from a young talent to one of the most dependable player has been remarkable. The selectors in the Board of Control for Cricket in India (BCCI) decided to chose Shubman Gill to lead India in the three-match ODI series against Australia. Sources have indicated that this decision was taken while considering the long-term plan in preparing Gill for the ICC World Cup 2027.



India's Chess Stars Ft Gukesh, Deshmukh Stunned By Team USA In All-New Live Spectacle

The Indian chess team suffered a shocking 0-5 defeat at the hands of Team USA in the opening leg of Checkmate:

USA vs India, a unique live-arena chess event staged in Arlington, Texas. The match, billed as the first of its kind for the sport, transformed chess from a quiet, cerebral contest into a loud, high-energy spectacle where fans were encouraged to cheer, shout and create an atmosphere more akin to a sporting arena than a chess hall. The highlight of the evening was the much-anticipated clash between world champion Dommaraju Gukesh and American superstar Hikaru Nakamura. Playing with the black pieces, Gukesh was outplayed by Nakamura in a bullet game, as the world No. 2 showcased his trademark speed and tactical sharpness. The result not only stunned the crowd but also set the tone for what would become a one-sided night in favour of the hosts.



BDBB Bulletin The Team that Made the BDBB Bulletin Happen!

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India Beat Pakistan In Thriller To Win Asia Cup

DUBAI, United Arab Emirates (AP) — India held its nerve in the last over to win cricket's Asia Cup for the ninth time with a five-wicket victory over archrival Pakistan in Sunday's final with only two balls remaining.

In the final twist of an occasionally troubled tournament, the Indian team declined to receive the trophy and winners' medals from Mohsin Naqvi — head of the Pakistan Cricket Board and Asian Cricket Council, and also Pakistan's interior minister — and the tournament ended without either presentation.

Tilak Varma scored 69 not out for India off 53 balls, including a crucial six against Haris Rauf in the 20th over.

Rinku Singh hit the winning runs with a four — the only ball Singh faced in the entire tournament.

Put into bat, Pakistan had earlier collapsed from 113-1 to 146 all out in 19.1 overs at Dubai International Cricket Stadium.

See You in the Next Issue!